RESOURCE LAUNCH

Psychological Safety in Mental Health Organisations

Communications Kit

New resources to foster a safe and supportive culture in mental health workplaces, where both workers and people accessing services can thrive. #SafeWorkplacesMHCC

Mental Health Coordinating Council is launching two best practice resources on 'Psychological Safety in Mental Health Organisations': **Actions for workers**; **Actions for leaders and organisations** in support of World Mental Health Day and Mental Health Month 2024's theme, 'Let's Talk About It'.

These guides provide practical recommendations for both workers and leaders, to promote safe and supportive workplaces where everyone feels empowered to speak up, without fear of negative consequences.

In mental health settings, questioning decisions, suggesting new ideas or expressing concerns is crucial for effective service delivery and recovery-oriented approaches.

If you don't feel safe and empowered at work, how can people accessing your services feel safe and empowered?

Help us spread the word by sharing this resource with your networks. We have produced a range of digital assets for you to promote the resource, including banners and social assets.

Download assets

We have provided suggested copy below to assist.

When posting on social media, please use the hashtag **#SafeWorkplacesMHCC** and tag us via our social channels: LinkedIn, Facebook, X.

Other suggested hashtags to include:

#WMHD2024 #WorldMentalHealthDay #PsychologicalSafety #CommunityMentalHealth #MentalHealthInTheWorkplace #MentalHealthMatters #MentalHealthMonth2024 #LetsTalkAboutIt

Social media copy

<u>Facebook/Linkedin</u>

Psychological safety is essential for effective service delivery in mental health organisations. If you don't feel safe and empowered at work, how can people accessing your services feel safe and empowered?

In mental health settings, questioning decisions, suggesting new ideas or expressing concerns is crucial for effective service delivery and recovery-oriented approaches.

Download the new resources on **Psychological Safety in Mental Health Organisations** for practical recommendations tailored to workers and leaders, with specific considerations to support workers with lived experience.

Support #SafeWorkplacesMHCC by downloading the guide here: https://bit.ly/mhcc-psychological-safety

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Psychological safety is essential for effective service delivery in mental health organisations. If you don't feel safe at work, how can those accessing your services feel the same? Download two free resources on: **Psychological Safety in Mental Health Organisations**: https://bit.ly/mhcc-psychological-safety

Newsletter copy

New resource on Psychological Safety in Mental Health Organisations #SafeWorkplacesMHCC
In support of World Mental Health Day and Mental Health Month's theme, 'Let's Talk About It', Mental Health Coordinating Council has launched a set of practical guides to support *Psychological Safety in Mental Health Organisations*, where everyone feels empowered to speak up in the workplace without fear of negative consequences.
In mental health settings, questioning decisions, suggesting new ideas or expressing concerns is crucial for effective service delivery and recovery-oriented approaches. If you don't feel safe and empowered at work, how can people accessing your services feel safe and empowered?
Download the free resources with actions for workers and leaders: https://bit.ly/mhcc-psychological-safety

Thank you for your support.

For enquiries, please contact Mental Health Coordinating Council's Communications team at communications@mhcc.org.au.