

## MH & AOD Course

### CHCMHS005 Unit of Competency Information Guide

#### What is it?

An option to participants who have completed the two-day MH & AOD professional development course with MHCC are eligible to undertake the associated unit of competency [CHCMHS005 Provide services to people who experience co-existing mental health and alcohol and other drugs issues](#).

This unit describes the skills and knowledge required to assess capacity to support people with co-existing mental health and alcohol and other drugs issues and to work collaboratively to provide support and facilitate links to other services.

It applies to work with people with co-existing mental health and alcohol and other drugs (AOD) assessments in a range of community services work contexts.

#### What are the learning outcomes?

The course will cover the following elements:

- Assess capacity to provide support to a person with co-existing mental health and AOD issues
- Work collaboratively to provide support services to address co-existing issues
- Facilitate links to further care
- Collaborate with the person to minimise risk
- Review and report on support provided

Learning outcomes include knowledge and application of:

- Values, philosophies and service delivery models of the AOD and mental health sectors, their similarities and differences
- Legal and ethical considerations (international, national, state/territory and local) for dealing with people with co-existing issues, and how these are applied in organisations and individual practice
- Safety and risk management considerations and strategies
- Substances and AOD work
- Interactions and risk factors between common types of mental health medications and other substances
- Evidence-based mental health practice including National practice standards for the mental health workforce
- Role and use of standard screening tools to identify co-existing mental health/AOD issues
- Available services and support strategies appropriate to those with co-existing issues, including those beyond AOD and mental health

- Techniques and processes for developing, documenting and implementing a plan of action to address co-existing issues
- Models of change and basic principles of motivational interviewing
- Collaborative work to provide services to at least 3 people with co-existing mental illness and AOD issues

### **Where will it be held?**

Learners will undertake the unit online via MHCC's online learning system Canvas.

### **How long will it take?**

The learning is online, self-paced and learners can go straight to the assessments if they choose.

The e-Learning will take approximately 4 hours.

The assessment will take up to 12 hours depending on the individual and their existing skills and knowledge.

Learners will have six (6) weeks to complete the unit requirements from the date of enrolment.

### **What will I get?**

Upon successful completion of the unit, learners are eligible to receive a Statement of Attainment for the unit CHCMHS005 Provide services to people who experience co-existing mental health and alcohol and other drugs issues.

The Statement of Attainment will be sent to the learner within 28 days of being deemed competent.

### **How much does it cost?**

Enrolment in this unit of competency is fully funded by the NSW Ministry of Health for participants who have completed the two-day MH & AOD professional development course with MHCC during 2024.

### **How do I enrol?**

Participants who would like to enrol to complete this unit will need to do so within two (2) weeks after you complete day two of the MHCC MH & AOD course.

To apply, email [training@mhcc.org.au](mailto:training@mhcc.org.au) to request an application form or call us on 02 9060 9630 for more information.