Big Trauma/ Big Change

Program Overview





Immerse yourself in a day of practical learning

The two-day curated Forum is preceded by a day of workshops, including:

The Embodiment of Power - How Experiences of Agency and Appeasement affect Posture, Gesture and Action with Molly Tipping

Interdisciplinary perspectives in arts and health with Prof Michael Balfour and team

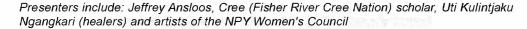
Collaboration and creating together with poet Anne-Marie Te Whiu

Perinatal Dreaming and visual matrix evaluation with Marianne Wobcke

Everyday steps to address everyday harm with Prof Karen Fisher and team

Decolonise and reinvent

Engage with global pioneers, sharing inspiring examples of transformative cultural and community projects conceived within a decolonising framework – including safe homes for young people experiencing suicidal distress, immersive workshops for breaking cycles of trauma, antigaslighting media and models of revolutionary therapeutics. Learn what works, yarning with community leaders.







Being seen / Being heard

How do we design contexts for being seen and heard – and build the reflective skills for being present to ourselves and others in a relational setting? Explore the micropolitics of lived experience and creative collaboration with international leaders in psychosocial practice and design.

In the culminating session, **Introduction to Life on Earth**, Alinta McGrady and Marianne Wobcke combine Indigenous knowledge and creative techniques for moving through fear to dreaming the future.

Step into the consulting room

Have a chat with protype AI characters, including psychotherapist, Lou and dementia advocate, Viv; experience the Listening Room by artist Sherre de Lys; meet with a movement practitioner or engage with our brand new range of worldmaking Virtual Reality experiences.

The 'consulting room' is reimagined as a conceptual sculpture, framing a range of experiences that will be unpacked in reflective sessions and workshops.

Days 2&3 are designed as an integrated immersive forum, building skills and insight. Attendance for the full 2 days is recommended. Tickets on sale now - don't miss out!





