

"Fix my child": Engaging Parents when Working with Children

Dr. Jenny Brown

Would you like to be more confident when seeing children ?
Want to use your existing adult therapy skills to help families?
Not sure how to work with parents' "defensiveness"?

TRAINING OBJECTIVES:

Learn ways to
engage parents in
a meaningful way

Learn how to
facilitate
parents' agency
in being a
resource to their
child

Develop
strategies for
reducing parent
intensity (linked
to child anxiety)

Develop
strategies for
managing
parents'
sensitivity to guilt
and blame

If you have never had child-specific training or would like to work better with parents, this training will build clinician's confidence through experiential learning.

- **Face-to-face 2-day workshop**
- **Two follow-up group videosupervision sessions**
- **Access to parent seminar video with workbook**



PARENT
HOPE
PROJECT



Dr. Jenny Brown

Dr Jenny Brown has over 35 years of clinical experience in child, couple, and family health. Her primary clinical and research interest has been in Child and adolescent mental health and parent's involvement in treatment. This has been reflected in her publications, conference and workshop presentations and her PhD research on parents' experience of their child's mental health treatment.

In 2018 Jenny received the Australian Family Therapy Journal award for distinguished contribution to the field. In 2022 she was awarded the Polly Caskie Research award from the Bowen Centre for the study of the family in Washington DC.

Jenny is Director Emeritus and founder of the Family Systems Institute in Sydney Australia – that has been providing training and clinical services in Bowen family systems approaches since 2004. Jenny's best-selling book "Growing Yourself Up: How to bring your best to all of life's relationships" is now in its second edition. She has also published a primer on parenting called "Confident Parenting: Restoring Your Confidence as a Parent by Making Yourself the Project and Not Trying to Change Your Child". Additionally, Jenny has published many articles and book chapters on the applications of family systems theory. Jenny's teaching has taken her beyond Australian shores to Southeast Asia and North America.

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13th & 14th March - MERIMBULA
13th & 14th June - DUBBO
15th & 16th June - ORANGE
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QUESTIONS?
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