

AUGUST

Introduction to Motivational interviewing

This introductory course teaches the fundamentals of Motivational Interviewing for use in person-centred counselling.

Online - 2 August - 1 day



Understanding Mental Health

An introductory course teaching essential skills for workers in community settings to support hope, recovery and connection among people living with mental health conditions.

Dubbo - 3 August - 2 days



Working with Voices

This immersive one day workshop equips participants with a toolkit for supporting voice-hearers.

Online - 4 August - 3 hours



Certificate IV in Mental Health Peer Work

This popular qualification builds on the knowledge of workers who have lived experience of mental health conditions as either a consumer or carer to train as a Peer Worker.

Hybrid - 11 August



SEPTEMBER

Trauma Learning Package

This is four half day online sessions covering all aspects of trauma and trauma informed practice.

Online - 25 August



Peer Leadership Skill Set pilot

This Skill Set reflects the skill requirements for peer workers in a leadership or senior role as a consumer or carer in the mental health workforce.

Online



SEPTEMBER

Safe Storytelling

Starts 21 or 22 September

This workshop teaches participants about purposeful, meaningful and sustainable storytelling, which can help guide interactions that require shared storytelling of lived experience.

Online - 2 hours



OCTOBER

Trauma Learning Package

Starts 4, 5 and 8 October

This is four half day online sessions covering all aspects of trauma and trauma informed practice.

Online - 2 days or 4 half days



Certificate IV Mental Health Peer Work fast track

Starts 18 October

This popular qualification builds on the knowledge of workers who have lived experience of mental health conditions as either a consumer or carer to train as a Peer Worker.

Sydney - 6 days



Peer Leadership Skill Set: second pilot

Starts 27 October

This Skill Set reflects the skill requirements for peer workers in a leadership or senior role as a consumer or carer in the mental health workforce.

Sydney



Self-care

Starts 28 October

This course provides practical tools and tips to help manage personal and client wellbeing.

Online - 3 hours



Certificate IV Mental Health

Starts 27 & 28 October

This course provides an opportunity for participants to build upon their on-the-job experience and receive a nationally recognised qualification in mental health.

Online



NOVEMBER

Understanding Mental Health

Runs 1 - 2 November

An introductory course teaching essential skills for workers in community settings to support hope, recovery and connection among people living with mental health conditions.

Sydney - 2 days



DECEMBER

Safe Storytelling

Date TBC

This workshop teaches participants about purposeful, meaningful and sustainable storytelling, which can help guide interactions that require shared storytelling of lived experience.

Online - 2 hours



ONLINE



FACE-TO-FACE



HYBRID



ACCREDITED

For further information, dates and times please scan the code below.

