



mhcc.org.au/training

Mental Health Training

with Mental Health Coordinating Council
- Learning and Development

Generous discounts for members

Is your organisation a member of Mental Health Coordinating Council? Teams and staff from member organisations receive generous discounts on all training and courses.

Contact us to find out if you're eligible.

Mental Health Coordinating Council has been delivering mental health training, qualifications and professional development to the community-based workforce for over 15 years.

- **Trauma-informed**

Our training is grounded in trauma-informed recovery-oriented principles embedded in a practice approach.

- **Top trainers**

You will be supported by passionate, highly skilled and experienced trainers who are committed to safe, supportive and engaging learning environments.

- **Tailor-made**

We design tailor-made mental health professional development workshops and short courses to suit your organisation.

Contact

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Scan to subscribe
to our newsletter.



"This is the best training I have had since starting work in mental health five years ago"

- Student testimony

Mental Health Coordinating Council is a respected trainer and well-regarded pathway to mental health learning and skills for the community-based mental health workforce.

- **Professional Development**
- **Nationally Recognised Training**
- **Online learning opportunities**

Registered Training
Organisation 91296



AUGUST

Introduction to Motivational interviewing

This introductory course teaches the fundamentals of Motivational Interviewing for use in person-centred counselling.

Online - 2 August - 1 day



Understanding Mental Health

An introductory course teaching essential skills for workers in community settings to support hope, recovery and connection among people living with mental health conditions.

Dubbo - 3 August - 2 days



Working with Voices

This immersive one day workshop equips participants with a toolkit for supporting voice-hearers.

Online - 4 August - 3 hours



Certificate IV in Mental Health Peer Work

This popular qualification builds on the knowledge of workers who have lived experience of mental health conditions as either a consumer or carer to train as a Peer Worker.

Hybrid - 11 August



SEPTEMBER

This is four half day online sessions covering all aspects of trauma and trauma informed practice.

Online - 25 August



Peer Leadership Skill Set pilot

This Skill Set reflects the skill requirements for peer workers in a leadership or senior role as a consumer or carer in the mental health workforce.

Online



OCTOBER

Certificate IV Mental Health Peer Work fast track

Will now commence 19 & 19 October

This popular qualification builds on the knowledge of workers who have lived experience of mental health conditions as either a consumer or carer to train as a Peer Worker.

Sydney - 6 days



Safe Storytelling

Starts 21 and 22 September

This workshop teaches participants about purposeful, meaningful and sustainable storytelling, which can help guide interactions that require shared storytelling of lived experience.

Online - 2 hours



NOVEMBER

Self-care

Starts 28 October

This course provides practical tools and tips to help manage personal and client wellbeing.

Online - 3 hours



Understanding Mental Health

Starts 4 & 5 October

An introductory course teaching essential skills for workers in community settings to support hope, recovery and connection among people living with mental health conditions.

Sydney - 2 days



Trauma Learning Package

Starts 4 & 5 October and also on 8 October

This is four half day online sessions covering all aspects of trauma and trauma informed practice.

Online - 2 days or 4 half days



Peer Leadership Skill Set second pilot

Starts 27 October

This Skill Set reflects the skill requirements for peer workers in a leadership or senior role as a consumer or carer in the mental health workforce.

Sydney



DECEMBER

Certificate IV Mental Health

Will now commence 27 & 28 October

This course provides an opportunity for participants to build upon their on-the-job experience and receive a nationally recognised qualification in mental health.

Online



Safe Storytelling

Date TBC

This workshop teaches participants about purposeful, meaningful and sustainable storytelling, which can help guide interactions that require shared storytelling of lived experience.

Online - 2 hours



ONLINE



FACE-TO-FACE



HYBRID



ACCREDITED

For further information, dates and times please scan the code below.

