



EXPRESSION OF INTEREST

Peer Worker Representatives

Dear Community Managed Organisation,

Peer workers invited to join project to develop the mental health peer workforce in Central and Eastern Sydney

The Workforce and Training Working Group is responsible for actions within the Regional Plan relating to developing and strengthening the mental health workforce in Central and Eastern Sydney.

Peer Worker Representatives are being sought whilst the Working Group addresses Regional Plan actions focused on the growth, development, and ongoing support of the peer workforce in Central and Eastern Sydney.

We are able to offer a limited number of funded positions for peer workers employed by your organisation to attend without taking away from their standard hours. This funding will enable peer workers to represent their organisation during meetings and takes into account that the peer workforce is predominantly casually employed, and organisations are operating with tight margins and may not be able to release staff from their regular duties.

Below is an overview of the project and the application process.

If you have further questions, please do not hesitate to contact Wilhelmina Brown, Mental Health & Regional Planning Program Officer at CESPHN (w.brown@cesphn.com.au)

Project Overview

The Central and Eastern Sydney (CES) Regional Mental Health and Suicide Prevention Plan (The Regional Plan) was developed throughout 2018/2019 following extensive community consultation. The Regional Plan was released in October 2019.

As a joint plan, the Regional Plan commits the Central and Eastern Sydney Primary Health Network, Sydney Local Health District, South Eastern Sydney Local Health District, St Vincent's Health Network, and the Sydney Children's Hospital to work together to achieve integration in planning and service delivery. Joining the Steering Committee in developing and implementing the Regional Plan, are the peak bodies for people with lived experience (BEING – Mental Health Consumers), for carers (Mental Health Carers NSW), and community-managed organisations (the Mental Health Coordinating Council).

The Regional Plan establishes a platform from which we will engage with other key agencies and stakeholders to work together and combine resources in the pursuit of shared priorities identified by the community.

You can read more about the Regional Plan and learn about our work to date by visiting the [CESPHN Website](#).

The planning partners are dedicated to involving a diverse range of stakeholders including peer workers.

Expression of Interest

The Steering Committee is seeking expressions of interest for the following positions:

Workforce and Training Working Group

(2:00 PM – 3:00 PM Third Wednesday of the Month - next meeting Wednesday 16 February 2022)

– Mental Health Peer Worker Representative

What do we mean by a Mental Health Peer Worker Representative?

For the purposes of joint regional planning, a **mental health peer worker** is someone employed based on their personal lived experience of mental illness and recovery (consumer peer worker), or their experience of supporting family or friends with mental illness (carer peer worker) who is currently employed and working in the Central and Eastern Sydney catchment.

The **Central and Eastern Sydney catchment** stretches from Strathfield to Sutherland, and as far east as Bondi. For a complete list of postcodes within the CESP HN catchment area visit it the [CESPHN Website](#).

Expectations of Representatives

- Members are expected to attend monthly meetings or notify the meeting secretariat if they are unable to attend.
- Each meeting runs for 1-1.5 hours. An hour of pre-reading and an hour of post-meeting activity is likely.
- At meetings, representatives will contribute to discussions based on their own experiences as a peer worker within the mental health care system and the experiences of their peers.

Benefits for Participation

- Continuing professional development for existing peer workers of your organisation. Peer work representatives will gain:
 - Insight into policy and sector reform activity.
 - Development of communication skills.
 - Develop problem solving skills.
- Organisational networking opportunity with Joint Regional Planning Stakeholders.
- Preparation work and attend the meeting is supported financially to minimise the impact of business as usual for peer work teams.

Remuneration

Peer Workers will be remunerated \$110 per half-day (includes pre-reading, attendance at the meeting and follow up activity to a total of no more than 4 hours per meeting).

This rate is consistent with the NSW Public Service Commission's Classification and Remuneration Framework for NSW Boards and Committees.

Organisations are expected to assist their employees submit a monthly invoice to CEPHN.

How to Apply

Interested applicants should complete the attached application form and email Wilhelmina Brown, Mental Health & Regional Planning Program Officer at CEPHN (w.brown@cesphn.com.au) by **5 PM 7 March 2022**.

If you have any further questions or require assistance with the application process, please contact Wilhelmina Brown (02 9304 8641/ w.brown@cesphn.com.au). All reasonable requests made will be accommodated during the application process.



Regional Plan Expression of Interest Application Form

Please download and save the form to your desktop, then fill it out and email it to Wilhelmina Brown (w.brown@cesphn.com.au) by 5 PM 7 March 2022.

Do you need help filling out this form? Reasonable adjustments can be made to assist in the completion of this application process. Contact Wilhelmina Brown (02 9304 8641/ w.brown@cesphn.com.au) to discuss.

Personal Information			
Title			
First name			
Last name			
Mobile			
Email address			
Postal address			
Do you identify as being any of the following? (optional)	<i>Aboriginal and/or Torres Strait Islander</i>	Yes <input type="checkbox"/>	No <input type="checkbox"/>
	<i>Culturally and linguistically diverse background</i>	Yes <input type="checkbox"/>	No <input type="checkbox"/>
	<i>Person with a disability</i>	Yes <input type="checkbox"/>	No <input type="checkbox"/>
Employment Information			
Organization			
Job Title			
I have discussed this application with my manager and have they have endorsed this application (Please Tick).			
Yes <input type="checkbox"/> No <input type="checkbox"/>			
Experience: Tell us about yourself so we can understand more about your background and how we can benefit from your experience. This will also allow us to support your participation.			
1. Please provide a brief summary of your experience as a peer worker delivering mental health services in Central and Eastern Sydney.			
2. Please share your experience as a consumer or carer advocate. For example, have you sat on any advisory committees? Have you undertaken any training?			

Please note, prior experience as an advocate is not required to be consider for this role. We are requesting this information so we can better understand how we can support our peer worker representatives.

3. Please indicate your availability to commit to in 6-10 meetings per calendar year and any limitations on availability.

4. Please provide details of any accessibility requirements or support needs that you would like us to be aware of.

Thank you for your application.