



Dearest one and all,

*You are invited to join the 'Growing Older with Attitude and Gratitude'
Zoom Cafe.*

Age of participants 55+

Weekly on Mondays 10-12.

Join Zoom Meeting:

<https://us02web.zoom.us/j/89148252337>

Zoom login ID: 89148252337

You will also find us on Facebook:

<https://www.facebook.com/groups/472206280413834>

If you have any enquiries feel free to contact me:

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