

VISION

People living with mental health conditions are supported to live meaningful lives in the communities of their choice.

PURPOSE

Promote mental health and wellbeing in NSW by championing a strong community mental health sector through leadership, advocacy and support.

VALUES

INTEGRITY: We are honest, ethical and accountable in everything we do

COLLABORATION: We listen, respect the contribution of others and work with our partners to advance our vision

LEADERSHIP: We are credible, influential and strategic

IMPACT: We make a positive difference and with our members drive reform, sustainability and system improvements

UNDERLYING PRINCIPLES

- Good mental health is about the whole person: their social, psychological, physical, emotional, spiritual, cultural and economic needs
- The lived experience of people with mental health conditions must guide the design, management, governance, delivery and evaluation of services
- People need access to a range of integrated supports and services to enhance their capacity to live a meaningful life
- A collaborative cross sector approach to service co-design and co- production and workforce development is required
- A trauma-informed recovery-oriented practice approach must underpin all aspects of service governance and delivery

OUR MEMBERS

We are the peak body for community managed organisations working for mental health in New South Wales. Our members support people to live well in the community by providing health and psychosocial services including, rehabilitation, counselling, housing and tenancy support, employment and education opportunities, social inclusion and physical health care.



Leadership, Influence, Advocacy

Engage with decision makers and be a strong voice for community managed mental health organisations to support the delivery of effective, co-designed services for people with a lived experience of mental health conditions.

How we will know we've made a difference

Increased alignment of mental health policy and service design with the community mental health sector and the people who use these services

Actions

- Remain a respected voice on behalf of community managed mental health organisations and the people they support
- Work collaboratively with member organisations to represent their issues and strengthen the position of the sector with key decision makers
- Develop a policy and advocacy agenda to support increased investment in community based mental health services
- Shape NDIS reforms, policy and practice informed by the perspective of people living with a psychosocial disability and their service providers
- Support the sector to adapt to the changed service delivery environment as a result of COVID-19.
- Demonstrate the value of community managed organisations in the mental health system by supporting the collection and dissemination of data including the implementation of the NGO-E



Capacity, Quality, Impact

Leverage and support the capacity of the community managed mental health sector through the development of a skilled and sustainable workforce, promotion of best-practice approaches and stronger research and data collection.

How we will know we've made a difference

Increased sector reach, innovation and collaboration with a stable workforce with the right skills to respond to the needs and aspirations of people who use services.

Actions

- Promote quality improvement in the sector through the development of practical resources and tools
- Deliver innovative, best practice training and professional development to enhance workforce capacity and skills
- Explore new professional development initiatives for CMOs in areas such as clinical services, peer workforce development and collaboration with other sectors
- Provide timely and accurate news and information across a diversity of channels
- Connect the community mental health sector by creating opportunities to come together and leverage skills, capabilities and resources
- Promote opportunities for community managed organisations to translate research into practice



Culture, Sustainability, Effectiveness

Be a dynamic peak body with robust governance, financial sustainability, an active membership and engaged staff.

How we will know we've made a difference

MHCC meets ACNC governance standards and is ACHS accredited, has member and stakeholder support and a stable and skilled staff

Actions

- Support membership retention and growth through increased engagement and delivering value to members
- Develop a strategy to leverage emerging training opportunities for growth and sustainability in learning and development
- Provide leadership through an active board with effective governance and risk management processes
- Diversify revenue sources to ensure MHCC is financially sustainable
- Ensure organisational effectiveness and continual improvement by supporting staff collaboration, wellbeing and development opportunities
- Deliver the Strategic Plan through the development of an operational plan
- Maintain ACHS accreditation