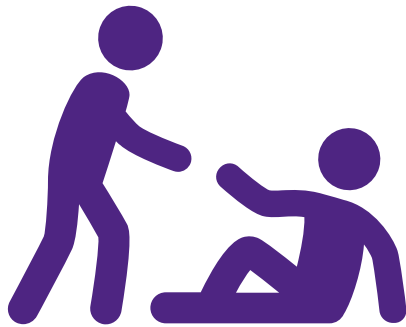




An online guide to help explain your legal and human rights in the mental health and human services systems in New South Wales.



Empowering People with Mental Health Conditions

Exercise your rights: civil, political, economic, social and cultural.



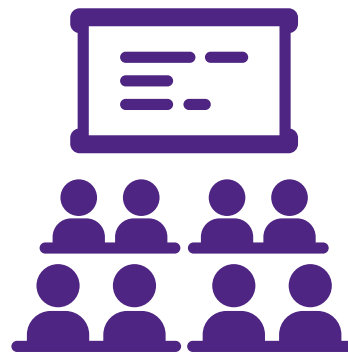
Strengthening Organisations

Work within the legal and regulatory frameworks of the human service system.



Supporting Friends and Family

Help to navigate complex service systems and access a range of information and resources.



Informing the Workforce

Share knowledge and understanding to support consumers, carers, supporters and service providers.

The Mental Health Rights Manual is an easy-to-use free online guide for consumers, carers and service providers.

Find it at mhrm.mhcc.org.au