

# Management of workers with LIVED EXPERIENCE

## CREATE A SUPPORTIVE AND SAFE WORKPLACE FOR YOUR WORKERS

In Australia, one in six workers are living with a mental health condition at any one time. It is one of the leading causes of absence and long-term work incapacity and costs Australian businesses \$10.9 billion each year.

By taking a proactive approach to the mental health of your team you can minimise the negative effects of mental health conditions in your workplace.



### Who is this course for?

This two day workshop equips managers with skills to create a safe workplace for workers who experience mental health concerns and respond to their unique needs.

Participants will explore management practices that promote good mental health for all workers and learn to apply relevant values, principles and legal frameworks when managing workers with lived experience. Participants will gain insight into the impact of mental health concerns on capacity to work, will learn to distinguish mental health issues from performance issues and will discuss the parameters of reasonable adjustment in the workplace. The course will offer guidance for how to have conversations with people about their mental health concerns and associated needs.

### Learn to distinguish between mental health issues and performance issues as well as:

- Strategies for creating a workplace environment that promotes good mental health for all workers
- Knowledge about legal frameworks, values and principles that apply when managing workers with lived experience
- Knowledge about the impact of mental health concerns on capacity to work and reasonable adjustment in the workplace
- Skills in distinguishing mental health concerns from performance issues and having conversations about these with workers

### Benefits for your organisation

- Improved mental health for all employees
- Retention of employees who have lived experience and maximising return from investment in their professional development
- Increased manager empathy and confidence in responding to employees who have mental health concerns

We can customise this course for in-house training. Talk to us about your training needs today.  
askus@mhcc.org.au or 02 9555 8388 Ext 112

\$409 (MHCC Members)  
\$498 (non-members)

Visit [www.mhcc.org.au](http://www.mhcc.org.au) for scheduled training date and location information.

Please write clearly in CAPITAL LETTERS.  
Please forward your completed registration form to [training@mhcc.org.au](mailto:training@mhcc.org.au)

## WORKSHOP DETAILS

**Please register me for the following course:**

Workshop / Course Title	<input type="text"/>
Location	<input type="text"/>
Workshop Date(s)	<input type="text"/>

## CONTACT DETAILS

Full Name	<input type="text"/>		
	M <input type="checkbox"/>	F <input type="checkbox"/>	Other <input type="checkbox"/>
Job Title/ Position	<input type="text"/>		
Organisation / Employer	<input type="text"/>		
Address	<input type="text"/>		
	<input type="text"/>		
	State	Postcode	
Email	<input type="text"/>		
Tel (M)	<input type="text"/>	Tel (W)	<input type="text"/>

**Do you require any support or assistance during training, eg; disabled access, audio loop. If so, please specify.**

## MHCC TERMS & CONDITIONS

### Refunds

Please choose workshops carefully. Once registrations are processed refunds can only be made when:

- A workshop is cancelled, or the date is changed by MHCC
- A written request is received 14 days prior to the workshop
- A medical certificate is provided in the event of illness or misadventure

All refunds will incur a \$35 administration fee except where a workshop has been cancelled by MHCC.

Full or partial non-attendance of registered participants will incur the full registration fee.

### Transfer / Substitution

You can transfer to another workshop/date (of the same value) on one occasion, pending availability, by notifying MHCC in writing seven days prior to workshop commencing.

**Email:** [training@mhcc.org.au](mailto:training@mhcc.org.au)

Participant substitutions must be advised in writing five days prior to the workshop.

### Workshop Cancellations

We make every attempt to ensure that workshops run. However, MHCC reserves the right to alter any arrangements, including cancellations if required. We will notify you of any cancellations and changes as soon as possible, usually this will be seven days prior to the workshop date.

MHCC is not responsible for travel-related costs that may be incurred as a result of cancellations.

In the event MHCC cancels a workshop, you can choose whether to transfer, on one occasion, to another workshop of the same value (pending availability) or receive a refund.

### CONSENT

By completing and returning this form you are consenting to the collection of this information for the provision of training as well as accepting the MHCC terms and conditions outlined above. Please refer to the MHCC confidentiality and privacy policy at [www.mhcc.org.au](http://www.mhcc.org.au)

Signature	Date	/	/
<input type="text"/>			

### How did you hear about this MHCC training?

<input type="checkbox"/> MHCC Website	<input type="checkbox"/> Email	<input type="checkbox"/> Attended other training
<input type="checkbox"/> MHCC Event	<input type="checkbox"/> Word of mouth	<input type="checkbox"/> I would like to receive more information about MHCC

## PAYMENT INFORMATION

ABN: 59 279 168 647

### Payment Type

Visa   
  MC   
  Cheque   
  Invoice (Organisations only)

C/C number

Cardholder Name

Signature

Date / /

Name of Org

Org Address

Org email for Invoice



State Postcode

Org is currently an MHCC member? Y  N

Total Amount \$

PROMO CODE (if applicable)

For more information visit [www.mhcc.org.au/learning-and-development](http://www.mhcc.org.au/learning-and-development) or phone 02 9555 8388 ext 106