

**Mental Health Coordinating Council**  
**Submission to Leichhardt City Council**  
**18 May 2011**

**DRAFT MASTER PLAN FOR CALLAN PARK**

Submission to be read in conjunction with previously submitted *A Contemporary Vision for Mental Health on the Callan Park Site - An Alternative to the Master Plan: January 2011*.  
It can be accessed at: <http://www.mhcc.org.au/current-issues/issue.aspx?issueid=758>

**Summary**

The mental health components in the Master Plan for the Callan Park site are inadequate, and require consultation with consumers and carers before any action is taken.

There are three key areas of concern in regard to the existing Master Plan:

1. Governance of the Callan Park Site
2. Mental Health Social Enterprise
3. Accommodation on the site

The Mental Health Framework in the current exhibited Callan Park Master Plan does not propose contemporary use of the site.

Callan Park should be perpetually dedicated to people with mental illness and should promote innovation in community wellbeing and mental health, through the establishment of a Mental Health Social Enterprise. There should be no re-creation of the former institution and no creation of new institutions on the site.

The Callan Park Trust should be concerned with site infrastructure and coordination of the site, with the majority of Trust members being people with lived experience of mental illness and representatives of those organisations using the land. There is a general expectation of employment (paid or volunteer) of 30% of people with lived experience of mental illness in all ventures using the land. Federal, State and Local Government should fund the implementation of the Callan Park Master Plan.

**1. GOVERNANCE OF THE CALLAN PARK SITE**

1. Callan Park is perpetually dedicated to people with mental illness.
2. Callan Park should promote innovation in community wellbeing and mental health.

3. The Callan Park Trust should be concerned with site infrastructure and coordination of the site, with the majority of Trust members being people with lived experience of mental illness, and representatives of those organisations using the land.
4. A general expectation of employment (paid or volunteer) of 30% of people with lived experience of mental illness in all ventures using the land.
5. There is to be no re-creation of the former institution and no creation of new institutions on the site.
6. Consumer operated, social enterprise-operated and/or community-managed (CMO) organisations are the preferred operators of mental health and wellbeing programs, and enterprises on site.
7. The site would support community access and diversity of activities, which are small scale in nature and could include proposed memorials to people with mental illness and to Aboriginal people, sport and leisure pursuits, art and craft groups and sustainable business enterprises.
8. Proposed use of buildings on site for Mental Health Social Enterprise activities and ventures (see Glossary on page 6)

<p><b>2. MENTAL HEALTH SOCIAL ENTERPRISE</b> <b>“Creativity, Value, Innovation”</b></p>
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There are a number of buildings on site that should be used for sustainable employment, training and recreation opportunities by the Mental Health Social Enterprise.

	<b>Building #</b>	<b>Building Name</b>	<b>Proposed Social Enterprise use</b>
1	B209	Ward 17	Mental Health Education Centre
2	B210	Ward 18	Conference Centre
3	B211	Hospital Museum	Museum of the Mind and Library
4	B215-219	Accommodation Units	Reconnection Cottages
5	B220-222A	Ward 28 Admin, East & West	Guest Accommodation (for 1 & 2)
6	B701	Fitters and Gardeners Workshop	Marketplace and Café
7	B507	Ward E	Community Managed Organisations (CMO) Hub – Resource Centre, Social Enterprise office and others

## **Proposal for Mental Health Social Enterprise**

It is proposed that a community managed not-for-profit Mental Health Social Enterprise, by and for its members, is established. At least 30% of the members will be people with lived experience of mental health problems. Other members will include carers (families), people with specific expertise and skills needed to run the organisation, and other involved and interested people. Orientation, training (where necessary) and supervision will be integrated into the work of the social enterprise.

## **Activities of the Mental Health Social Enterprise**

Each of the following activities will be a part of the whole of the overall social enterprise, which will coordinate workers and volunteers, and work with other organisations.

- 1. Mental Health Education Centre** – This will operate in conjunction with all of the proposed mental health facilities to provide community training in mental health: Mental Health First Aid; Mental Health Connect; peer support; peer trainers; governance training for peer support workers and support groups; parenting skills. The Centre will promote festivals and community celebrations of healthy living and healthy environment
- 2. Conference Centre** - Training provided by the Mental Health Education Centre. A work co-operative in which its members manage the work opportunities around the site; orient, train and supervise workers, i.e. people with lived experience of mental health problems.
- 3. Mind Museum and Library** - Memorial to psychiatric survivors (history); a museum of old and new mental health / psychiatric provisions, ideas and research, including the psychology of the brain and mind, and the associations between perception, emotions, physical illness and madness; school and community organisation education programs; approaches to mental health care and support across time, interactive displays and educational material for learning about mental wellbeing, resilience and mental illness. Mental Health library and clearing house – hard copy and electronic, with a major focus on electronic format.
- 4. Reconnection Program** – The social enterprise run Reconnection Program provides training and personal development opportunities for people with mental illness, whilst living for a short period in the cottages. There are a maximum of 15 single rooms in the complex, with average stay of 14-28 days. High levels of consumer involvement in governance and employment
- 5. Guest Accommodation** - Social Enterprise Guest Accommodation of 4 weeks maximum duration. Restricted to temporary serviced rooms for teaching blocks at the Mental Health Education Centre, for people attending courses or conferences on site, either simultaneously or out-of-term.
- 6. Workforce enterprise** – A work co-operative in which its members manage the work opportunities around the site; orient, train and supervise workers (people with lived experience of mental health problems); and provide

guidance for community employers to support their employees with mental health problems.

This includes the Social enterprise Sunday Marketplace and Café that would sell fresh produce, arts and crafts produced at the community gardens.

A benchmark is to be set to ensure that approximately 30% of jobs (paid or voluntary) arising from activities, programs and services operating on the Callan Park site are allocated to people with lived experience of mental health problems.

- 7. Community Managed Organisations (CMO) Hub with Resource Centre –** Buildings to be used for office space for the Social Enterprise and smaller community managed organisations so as to share facilities and resources. Each CMO would assist with the maintenance of the premises, while paying minimal rent. Services that could benefit include WIRES, Sydney Bike, ARC Group, etc. The Resource Centre would be a place for consumers and carers to come and be involved, meet with others, learn about mental illness, mental health and recovery and participate in onsite activities.

### **Goals of the Mental Health Social Enterprise**

- Provide work, training and social opportunities for people with lived experience of mental health problems
- Promote social inclusion for people with lived experience of mental health problems
- Build community awareness and resilience
- Provide a resource centre for carers (families) and for people with lived experience of mental health problems
- Provide community training and guidance, eg guidance for employers to support employees with mental health problems; training and education for the community about mental health, eg mental health first aid and understanding recovery.
- Support the development of a mental health library and clearinghouse.
- Foster wellbeing in the community.

### **3. ACCOMMODATION ON CALLAN PARK SITE**

It is recommended that greater consultation with consumers, carers, interested citizens, and representatives from mental health community managed organisations, the peak body and state and federal government departments be conducted to ensure appropriate contemporary use of the site.

Supported accommodation (see Glossary on page 6) is living independently in residential streets in the community, and is not an appropriate use for a former psychiatric hospital site.



### **Accommodation Uses on Callan Park Site**

1. Accommodation on site should not include clinical beds for treatment or research purposes.
2. Peer-operated accommodation services will be provided to support the Mental Health Education Centre and Conference Centre.
3. Accommodation will be temporary and designed for guests undertaking training or education at the Education or Conference Centre. Generally training modules are for 1, 2, 3 or 4 weeks duration.
4. Accommodation to be for a short-term Reconnection Program run by a Mental Health Social Enterprise or community organisation for people living with a mental illness requiring support to get 'back on track' with their lives.

**MHCC in partnership with community groups and Leichhardt Council, agrees to advocate for a range of contemporary supported accommodation options in the community of Leichhardt LGA for people who experience mental health problems.**

## Glossary

<b>Term</b>	<b>Definition</b>
Consumers / Peers	People with lived experience of mental illness
Social Enterprise	<p>Small scale diverse social enterprises focussed on people with mental health issues will ensure a community focus is retained. There are many definitions of social enterprise, most reflecting the traditions of those that propose them. A social enterprise is one that seeks to develop the self-reliance of the community through local economic activity. It meets a social need and makes a profit (more income than expenses). The Callan Park Mental Health Social Enterprise has 6 defining characteristics:</p> <ol style="list-style-type: none"> <li>1. Having a social purpose or purposes.</li> <li>2. Achieving the social purpose by members engaging in the opportunities for work (paid or voluntary) on site</li> <li>3. Operating as a not-for-profit organisation i.e. not distributing profits to individuals (alternately called profit-for-purpose)</li> <li>4. Holding assets and funds in trust for the benefit of members of the social enterprise</li> <li>5. Democratically involving members of the social enterprise in the governance of the organisation.</li> <li>6. Being an independent organisation accountable to the members of the social enterprise and to the wider community.</li> </ol> <p>Adapted from: <a href="http://www.centreforsocialenterprise.com/what.html">http://www.centreforsocialenterprise.com/what.html</a></p>
Supported Accommodation	<ul style="list-style-type: none"> <li>• Individuals living independently in their own home in residential streets in the community, while receiving support from mental health community managed organisations, for example Aftercare and Richmond Fellowship of NSW. Services are individually developed to meet the needs of people who may have continuing symptoms, relapses and/or high support needs. Material or emotional support is provided which assists individuals to reduce life stressors while optimising independence and self-responsibility.</li> <li>• Stable and supportive accommodation is a prerequisite for relapse prevention, social integration, improved quality of life, employment, and protection from poverty and other meaningful individual outcomes.</li> <li>• There are a number of existing state and federal accommodation support programs provided by community-managed organisations (CMOs) for people living with a mental illness. Two examples of supported accommodation programs are the Housing and Accommodation Support Initiative (HASI) &amp; Personal Helpers and Mentors (PHaMS) program.</li> </ul>