

Supported DECISION-MAKING

CHOICE, CONTROL AND RECOVERY

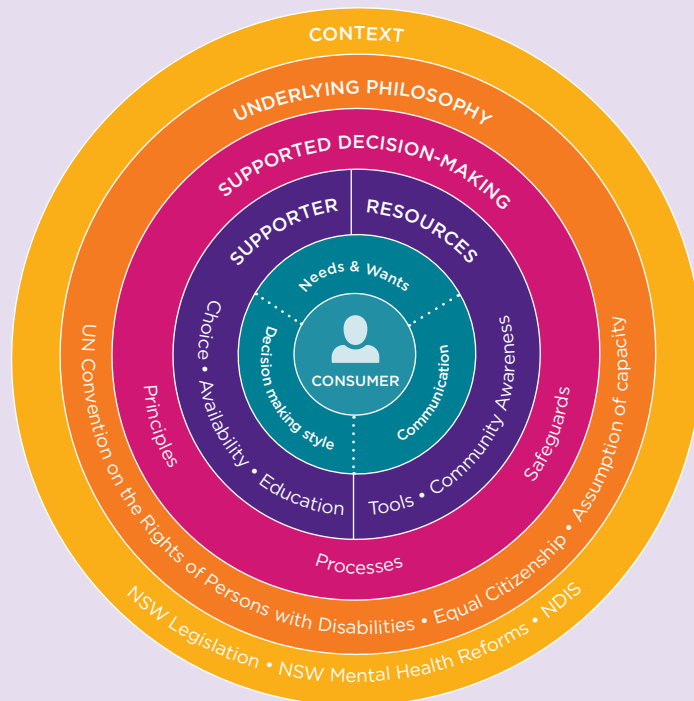
What is supported decision-making?

Supported decision-making can assist a person to live a more independent, dignified and meaningful life. Decision-making is a skill that can be developed and practised with support, which is particularly important in relation to the NDIS and other emerging reform initiatives.

Supported decision-making (SDM) is an approach with a set of values & principles designed to support people living with mental health and coexisting conditions including cognitive difficulties to make important decisions, exercise legal capacity and exert greater choice and control. Making day-to-day choices can build a person's ability to make bigger decisions, while drawing on a support network of people or individuals.

SDM is different from other forms of decision making.

Shared decision-making is where the person actively seeks and integrates the opinions of a support person (generally within a formal support relationship), while **substitute decision-making** is proxy decision-making about medical, lifestyle & financial management by trusted people, such as an appointed family member, an appointed Guardian or government officers, such as the Public Guardian and/or the NSW Trustee or Guardian.



Who is this course for?

This course is for frontline mental health and disability support workers, who understand and work with a recovery oriented approach. It assists workers recognise the functional impacts on decision-making experienced by people living with mental health and coexisting conditions.

We encourage managers and team leaders to attend this course to enhance their understanding of practice issues and to support service outcomes.

FURTHER LEARNING OPPORTUNITY: COGNITION AND RECOVERY

Both courses are stand alone but complimentary.

After this course you will:

- Understand SDM and its underpinning values and principles
- Understand SDM in the context of trauma-informed recovery oriented mental health support work and the NDIS
- Relate SDM to legislation and key ethical issues
- Identify factors that may influence SDM
- Recognise the relationship between mental health, cognition and decision-making processes
- Appreciate the SDM skills and competencies relevant to your role and understand the vital role of carers
- Apply SDM strategies, tools and resources to explore a person's strengths, needs and preferences
- Understand the challenges of SDM and opportunities for innovation and creativity



Justice
Public Guardian

This course draws on the knowledge and expertise of the mental health sector, consumers, carers and families and is informed by the extensive work of the NSW Public Guardian.

We can customise this course for in-house training. Talk to us about your training needs today.

training@mhcc.org.au or 02 9555 8388 Ext 112

\$232 (MHCC Members)

\$297 (non-members)

Course details may be subject to change.

Visit www.mhcc.org.au for date and location information.

Please write clearly in CAPITAL LETTERS.
Please forward your completed registration form to training@mhcc.org.au or fax to 02 9810 8145

WORKSHOP DETAILS

Please register me for the following course:

Workshop / Course Title	<input type="text"/>
Location	<input type="text"/>
Workshop Date(s)	<input type="text"/>

CONTACT DETAILS

Full Name	<input type="text"/>		
	M <input type="checkbox"/>	F <input type="checkbox"/>	Other <input type="checkbox"/>
Job Title/ Position	<input type="text"/>		
Organisation / Employer	<input type="text"/>		
Address	<input type="text"/>		
	<input type="text"/>		
	State	Postcode	
Email	<input type="text"/>		
Tel (M)	<input type="text"/>	Tel (W)	<input type="text"/>

Do you require any support or assistance during training, eg; disabled access, audio loop. If so, please specify.

MHCC TERMS & CONDITIONS

Refunds

Please choose workshops carefully. Once registrations are processed refunds can only be made when:

- A workshop is cancelled, or the date is changed by MHCC
- A written request is received 14 days prior to the workshop
- A medical certificate is provided in the event of illness or misadventure

All refunds will incur a \$35 administration fee except where a workshop has been cancelled by MHCC.

Full or partial non-attendance of registered participants will incur the full registration fee.

Transfer / Substitution

You can transfer to another workshop/date (of the same value) on one occasion, pending availability, by notifying MHCC in writing seven days prior to workshop commencing.

Email: training@mhcc.org.au **Fax:** 02 9810-8145

Participant substitutions must be advised in writing five days prior to the workshop.

Workshop Cancellations

We make every attempt to ensure that workshops run. However, MHCC reserves the right to alter any arrangements, including cancellations if required. We will notify you of any cancellations and changes as soon as possible, usually this will be seven days prior to the workshop date.

MHCC is not responsible for travel-related costs that may be incurred as a result of cancellations.

In the event MHCC cancels a workshop, you can choose whether to transfer, on one occasion, to another workshop of the same value (pending availability) or receive a refund.

CONSENT

By completing and returning this form you are consenting to the collection of this information for the provision of training as well as accepting the MHCC terms and conditions outlined above. Please refer to the MHCC confidentiality and privacy policy at www.mhcc.org.au

Signature	Date	/	/
<input type="text"/>			

How did you hear about this MHCC training?

<input type="checkbox"/> MHCC Website	<input type="checkbox"/> Email	<input type="checkbox"/> Attended other training
<input type="checkbox"/> MHCC Event	<input type="checkbox"/> Word of mouth	<input type="checkbox"/> I would like to receive more information about MHCC

PAYMENT INFORMATION

ABN: 59 279 168 647

Payment Type

Visa
 MC
 Cheque
 Invoice (Organisations only)

C/C number

Cardholder Name

Signature

Date / /

Name of Org

Org Address

Org email for Invoice

State Postcode

Org is currently an MHCC member? Y N

Total Amount \$

PROMO CODE (if applicable)

For more information visit www.mhcc.org.au/learning-and-development or phone 02 9555 8388 ext 106