

Responding to SUICIDE

Suicide remains the leading cause of death of Australians aged 5 to 44 and it is the second leading cause of death among those aged 45 to 54 (ABS). In 2015 suicide accounted for 103,442 years of life lost making it the leading cause of premature death in Australia (ABS).

You can make a profound difference in the life of someone else. Simple effective interventions can save lives. Suicide is a complex social issue which profoundly affects families, friends, colleagues, and communities. People from all walks of life and of all ages take their own lives.

MAKE A PROFOUND DIFFERENCE IN THE LIFE OF SOMEONE ELSE



Learn how to talk about suicide with people you support

Connect people at risk of suicide with appropriate supports

Who is this course for?

This 1 day course is for frontline mental health support workers, and community members who support someone at risk of suicide.

We also encourage managers and team leaders to attend this course to enhance their understanding of practice issues and to support service outcomes.

At this course you will learn to:

- Reduce immediate risk of suicide and increase safety
- Identify risk and protective factors, warning signs and points of change and explore ambivalence
- Develop collaborative care plans
- Recognise the limits of the workers' role, when and how to refer to specialist assistance or facilitate links to further care
- Ensure information related to suicidality is communicated effectively in the workplace
- Stay healthy as a worker - ensure self-care and access to support services



NATIONALLY RECOGNISED
TRAINING

For an additional cost of \$125, participants can complete the corresponding assessment for this course as a recognised unit of study (CHCCS003 Increase the safety of individuals at risk of suicide) towards the completion of Certificate IV in Mental Health.

We can customise this course for in-house training. Talk to us about your training needs today.
training@mhcc.org.au or 02 9555 8388 Ext 112

\$242 (MHCC Members)
\$290 (non-members)

Course details may be subject to change.

Visit www.mhcc.org.au for scheduled training date and location information.

Please write clearly in CAPITAL LETTERS.
Please forward your completed registration form to training@mhcc.org.au or fax to 02 9810 8145

WORKSHOP DETAILS

Please register me for the following course:

Workshop / Course Title	<input type="text"/>
Location	<input type="text"/>
Workshop Date(s)	<input type="text"/>

CONTACT DETAILS

Full Name	<input type="text"/>		
	M <input type="checkbox"/>	F <input type="checkbox"/>	Other <input type="checkbox"/>
Job Title/ Position	<input type="text"/>		
Organisation / Employer	<input type="text"/>		
Address	<input type="text"/>		
	<input type="text"/>		
	State	Postcode	
Email	<input type="text"/>		
Tel (M)	<input type="text"/>	Tel (W)	<input type="text"/>

Do you require any support or assistance during training, eg; disabled access, audio loop. If so, please specify.

MHCC TERMS & CONDITIONS

Refunds

Please choose workshops carefully. Once registrations are processed refunds can only be made when:

- A workshop is cancelled, or the date is changed by MHCC
- A written request is received 14 days prior to the workshop
- A medical certificate is provided in the event of illness or misadventure

All refunds will incur a \$35 administration fee except where a workshop has been cancelled by MHCC.

Full or partial non-attendance of registered participants will incur the full registration fee.

Transfer / Substitution

You can transfer to another workshop/date (of the same value) on one occasion, pending availability, by notifying MHCC in writing seven days prior to workshop commencing.

Email: training@mhcc.org.au **Fax:** 02 9810-8145

Participant substitutions must be advised in writing five days prior to the workshop.

Workshop Cancellations

We make every attempt to ensure that workshops run. However, MHCC reserves the right to alter any arrangements, including cancellations if required. We will notify you of any cancellations and changes as soon as possible, usually this will be seven days prior to the workshop date.

MHCC is not responsible for travel-related costs that may be incurred as a result of cancellations.

In the event MHCC cancels a workshop, you can choose whether to transfer, on one occasion, to another workshop of the same value (pending availability) or receive a refund.

CONSENT

By completing and returning this form you are consenting to the collection of this information for the provision of training as well as accepting the MHCC terms and conditions outlined above. Please refer to the MHCC confidentiality and privacy policy at www.mhcc.org.au

Signature	Date	/	/
<input type="text"/>			

How did you hear about this MHCC training?

<input type="checkbox"/> MHCC Website	<input type="checkbox"/> Email	<input type="checkbox"/> Attended other training
<input type="checkbox"/> MHCC Event	<input type="checkbox"/> Word of mouth	<input type="checkbox"/> I would like to receive more information about MHCC

PAYMENT INFORMATION

ABN: 59 279 168 647

Payment Type

Visa <input type="checkbox"/> MC <input type="checkbox"/> Cheque <input type="checkbox"/> Invoice (Organisations only) <input type="checkbox"/>	Name of Org <input type="text"/> Org Address <input type="text"/> State Postcode <input type="text"/>
C/C number <input type="text"/> Expiry mm/yy <input type="text"/> <input type="text"/>	
Cardholder Name <input type="text"/>	Org email for Invoice <input type="text"/>
Signature <input type="text"/> Date / /	

Name of Org	<input type="text"/>
Org Address	<input type="text"/>
State	Postcode
Org email for Invoice	<input type="text"/>

Org is currently an MHCC member? Y N

Total Amount \$

PROMO CODE (if applicable)

For more information visit
www.mhcc.org.au/learning-and-development
or phone 02 9555 8388 ext 106