

# FYI e-news Guidelines

FYI is the Mental Health Coordinating Council (MHCC) weekly e-newsletter update for the Mental Health sector.

It is disseminated every Wednesday.

## Criteria for inclusion:

- Format - plain text
- No documents will be uploaded, only external online links will be added
- High res jpegs of image/logo can be added
- Title word count - 15 maximum
- Copy word count - 160 maximum
- Deadline - Friday 5pm for inclusion in the following week's edition

## Run time:

Any given **article/event/course** etc., will only run for 4 weeks maximum or be discontinued on the closing date whichever comes first (grants excluded)

## Language:

MHCC has developed a [Recovery Oriented Language Guide](#) because language matters in mental health. We must use words that convey hope and optimism and that support, and promote a culture that supports, recovery.

The Language Guide underpins [MHCC's Organisation Builder \(MOB\) Policy Resource](#) and organisations providing recovery oriented and trauma-informed services to people affected by mental/emotional distress are encouraged to also adopt it.



## Disclaimer and limitation of liability:

This newsletter and the information it contains is provided as a public service by the MHCC. Any advertisements on behalf of third parties do not constitute MHCC's endorsement, recommendation or quality guarantee.

Keeping the mental health sector informed. If you have something to share that you would like included, please send your information in text format [here](#).

The deadline for each weeks edition is **Wednesday 5pm** for inclusion in that week's edition. If you would like to give us any feedback on FYI please [email here](#).