

# ROSSAT

The Recovery Oriented Service Self-Assessment Toolkit (**ROSSAT**) is designed to assist organisations and workers to:

- Assess their level of recovery oriented service provision
- Reflect on both individual and organisational practice in relation to recovery oriented service provision
- Identify and work on areas requiring improved practice in the delivery of recovery oriented services
- Increase involvement and leadership of people with lived experience who access services
- Enhance consumer and carer satisfaction

**ROSSAT** can play an important role in measuring a service's performance on a range of requirements including the National Standards for Mental Health Services (NSMHS) (Commonwealth of Australia, 2010).

The **ROSSAT** Tool for Organisations (T4O) covers 95 of the 137 National Standards for Mental Health Services criteria

## ROSSAT CONSULTANCY

MHCC provides a consultancy service to help organisations improve recovery oriented practice.

### 1. Assessment

Organisations will be offered the opportunity to have a **ROSSAT** Assessment undertaken to determine their current level of recovery oriented service provision. The **ROSSAT** Assessment will be conducted onsite by a **ROSSAT** Consultant skilled in recovery oriented practice and organisational systems.

### 2. Recommendations & Planning

Organisations will then receive a tailored Assessment Report designed to guide them through the development of a comprehensive action plan to enhance recovery oriented service provision at both individual practice and systems levels.

### 3. Implementation

The **ROSSAT** Consultant is available to support organisations implement policy, practice and systems changes in line with identified areas for development in recovery orientated approaches.



Image - Care Ring Knight Foundation



## GET STARTED ON YOUR ROSSAT JOURNEY TODAY WITH MHCC

For more information about **ROSSAT** or MHCC **ROSSAT** Consultancy please contact:

**P:** 02 9555 8388 or email:

**E:** [mhcc.consultancy@mhcc.org.au](mailto:mhcc.consultancy@mhcc.org.au)

MHCC looks forward to working with you and strengthening your support of people with mental health conditions in their recovery.

recovering peer  
support worker



recovering  
friend



recovering  
support worker



recovering  
manager



recovering  
consumer



recovering  
carer



## BENEFITS OF ROSSAT

Use **ROSSAT** as a quality improvement activity or auditing tool

Promote reflective practice and professional growth

Assess how well recovery oriented service provision is being achieved

Support design, implementation and evaluation  
of programs and services

Support engagement and active participation of consumers and carers

Identify ways service provision can be improved

Create a reflective continuous quality improvement cycle

Incorporate **ROSSAT** into performance appraisal processes

Identify gaps in knowledge, skills and/or educational needs

Enhance relationship building

Support consumer self-determination and self-responsibility

Enhance consumer and carer satisfaction with services

Create a baseline for Recovery Action Plans and/or Framework

Meet National Standards for Mental Health Services

Use **ROSSAT** as evidence in seeking or maintaining accreditation

Cartoons adapted with permission from 'Recovery' by Merinda Epstein, Coordinator Our Consumer Place Victoria.  
Source: <http://www.takver.com/epstein/cartoon095.htm>