

Introduction to MENTAL HEALTH PEER WORK

LIVED EXPERIENCE AND PEER WORK

Sharing lived experience to support wellbeing

Peer workers use their experience to facilitate recovery and wellbeing. They also bridge gaps between supports provided by other professionals and influence the culture and practice of services.

Be at the forefront of peer workforce development with this exciting new workshop in consumer and carer peer work from MHCC.

Are you a consumer or carer not yet in a peer work role? Are you new to peer work? Or, are you considering the Certificate IV in Mental Health Peer Work?

This introductory workshop has been developed just for you.



Our trainers make the difference

This workshop is delivered by two-trainers with experience of consumer or carer peer work.

- Cate Steere
- Peter Farrugia
- Lorna Downes
- Heather Nowak
- Irene Gallagher
- Mary Henry
- Vanessa McDougall
- Amanda Waegeli

Key learnings for participants

- What is peer work and peer support?
- Philosophy, principles, ethics and values of peer work
- Understand how peer work supports consumer recovery and carer wellbeing
- Explore the benefits of peer work for people, families, workers, organisations and community
- Purposeful storytelling from a consumer or carer perspective
- Share and learn from others with lived experience

Benefits of completing this training

For consumers and carers

- Support your transition from service participant to paid or voluntary work
- Build your understanding and confidence to apply for peer work positions

For organisations

- Minimal investment to allow peer workers to sample peer work training before enrolling in a full qualification
- Build peer workforce capacity
- Understand and value unique contributions of consumer and carer peer workers

“I not only left with increased knowledge but confidence and pride as a peer support worker.”

“[This] training provided me with a greater understanding of peer work and I gained practical skills—Immediately after this training, I was able to apply theory into practice.”

**Inhouse training is available on request.
Talk to us about your training needs today.**

\$ 540.00 (MHCC members)

\$ 590.00 (Non-members)

**Course details may be subject to change.
Visit www.mhcc.org.au for date and location information.**

Please write clearly in CAPITAL LETTERS.
Please forward your completed registration form to training@mhcc.org.au or fax to 02 9810 8145

WORKSHOP DETAILS

Please register me for the following course:

Workshop / Course Title	<input type="text"/>
Location	<input type="text"/>
Workshop Date(s)	<input type="text"/>

CONTACT DETAILS

Full Name	<input type="text"/>		
	M <input type="checkbox"/>	F <input type="checkbox"/>	Other <input type="checkbox"/>
Job Title/ Position	<input type="text"/>		
Organisation / Employer	<input type="text"/>		
Address	<input type="text"/>		
	<input type="text"/>		
	State	Postcode	
Email	<input type="text"/>		
Tel (M)	<input type="text"/>	Tel (W)	<input type="text"/>

Do you require any support or assistance during training, eg; disabled access, audio loop. If so, please specify.

MHCC TERMS & CONDITIONS

Refunds

Please choose workshops carefully. Once registrations are processed refunds can only be made when:

- A workshop is cancelled, or the date is changed by MHCC
- A written request is received 14 days prior to the workshop
- A medical certificate is provided in the event of illness or misadventure

All refunds will incur a \$35 administration fee except where a workshop has been cancelled by MHCC.

Full or partial non-attendance of registered participants will incur the full registration fee.

Transfer / Substitution

You can transfer to another workshop/date (of the same value) on one occasion, pending availability, by notifying MHCC in writing seven days prior to workshop commencing.

Email: training@mhcc.org.au **Fax:** 02 9810-8145

Participant substitutions must be advised in writing five days prior to the workshop.

Workshop Cancellations

We make every attempt to ensure that workshops run. However, MHCC reserves the right to alter any arrangements, including cancellations if required. We will notify you of any cancellations and changes as soon as possible, usually this will be seven days prior to the workshop date.

MHCC is not responsible for travel-related costs that may be incurred as a result of cancellations.

In the event MHCC cancels a workshop, you can choose whether to transfer, on one occasion, to another workshop of the same value (pending availability) or receive a refund.

CONSENT

By completing and returning this form you are consenting to the collection of this information for the provision of training as well as accepting the MHCC terms and conditions outlined above. Please refer to the MHCC confidentiality and privacy policy at www.mhcc.org.au

Signature	Date	/	/
<input type="text"/>			

How did you hear about this MHCC training?

<input type="checkbox"/> MHCC Website	<input type="checkbox"/> Email	<input type="checkbox"/> Attended other training
<input type="checkbox"/> MHCC Event	<input type="checkbox"/> Word of mouth	<input type="checkbox"/> I would like to receive more information about MHCC

PAYMENT INFORMATION

ABN: 59 279 168 647

Payment Type

Visa <input type="checkbox"/> MC <input type="checkbox"/> Cheque <input type="checkbox"/> Invoice (Organisations only) <input type="checkbox"/>	Name of Org <input type="text"/> Org Address <input type="text"/> State Postcode <input type="text"/>
C/C number <input type="text"/> Expiry mm/yy <input type="text"/> <input type="text"/>	
Cardholder Name <input type="text"/>	Org email for Invoice <input type="text"/>
Signature <input type="text"/> Date / /	

Name of Org	<input type="text"/>
Org Address	<input type="text"/>
State	Postcode
Org email for Invoice	<input type="text"/>

Org is currently an MHCC member? Y N

Total Amount \$

PROMO CODE (if applicable)

For more information visit
www.mhcc.org.au/learning-and-development
or phone 02 9555 8388 ext 106