

HUNTER NDIS AND MENTAL HEALTH COMMUNITY OF PRACTICE FORUM

23 January 2014

Travel Lodge, 12 Steele St. Newcastle



Mental Health Commission
of New South Wales



Acknowledgments & Introduction

Sage Telford - Senior Advisor
NSW Mental Health Commission

Update on the NSW/Hunter NDIS and MH Activity

Tina Smith, Senior Policy Advisor
– Sector Development
Mental Health Coordinating Council

'NDIS MH Analyst' Activity - Outcomes

1. **How will psychosocial disability be understood and included under the NDIS?**
2. **The wider NDIS and health services interface** (eg, physical health, substance use)
3. **People with co-existing difficulties** (eg, ID, ABI, physical disability)
4. **The suitability of the assessment tool/s**
5. **Contribute to the national discourse** regarding the situating of psychosocial disability within the NDIS.

“THE SCHEME WILL HAVE THE PRACTICAL IMPACT OF CHANGING THE DYNAMIC BETWEEN INDIVIDUALS AND SERVICE PROVIDERS.”

National
disabilityinsurance
Scheme

NDIS & MH Community Sector Forum

15/10/2013

- **30 participants**
- **Process**
 - Panel discussion: sharing experiences of the first few months
 - Group activity: Reflecting on experiences of the first few months
 - Identifying future opportunities for sharing and learning
 - Implementation priorities
- **Key issues** related to:
 - Lots of action learning for everyone
 - Variable levels of organisational readiness but wanting to collaborate to learn together
- **Agreement to opening the forum to all interested people**
- **Agreement to meeting bi-monthly**

Other NSW NDIS MH Activity

- **MHCC Regional Forums** – August
- **Organisational Readiness Workshops** - Peter Gianfransisco - November
- **MHCC Big Issues Day and AGM** – December
- **MHCA Capacity Building Project**
- **Discussions with all stakeholders**
 - Consumers
 - Carers
 - Member organisations
 - NDIA
 - HNELHD/HMH

In-scope for NSW NDIS

ADHC 'MH programs' (ie, 'existing' clients)

Mostly Boarding House Reform related client group

- CBA (100%) – Community Based Activities (mostly 'day centre' type services for ex-BH residents)
- SA (100%) – Supported Accommodation (ex-BH residents, they typically also receive CBAs)
- ALI (100%) – Active Linking Initiative (for remaining BH residents)

Commonwealth MH programs ('new' clients?)

DSS, previously FaHCSIA, Target Community Care

- PHaMS (100%) – Personal Helpers and Mentors
- MHRCSP (50%) – Mental Health Respite Carer Support Program
- (NOT FMHSS – Family Mental Health Support Services)?

DOH

- PIR (70%) – Partners in Recovery
- D2DL (35%) – Day to Day Living in the Community

DEEWR

- DES Disability employment programs; these are shifting to DSS

NOT NSW Health funded community sector MH programs

Out-of-scope for NSW NDIS

NSW Health funded community sector MH programs:

**NGO Grant Program
Tendered Programs**

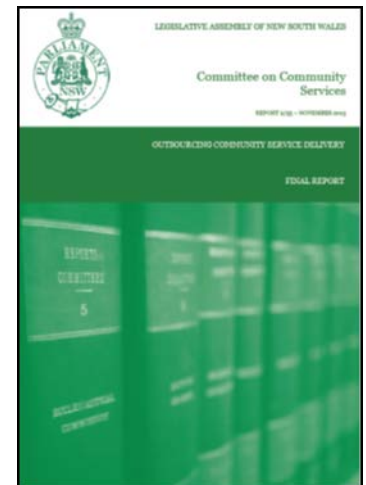
NSW Health Housing and Accommodation Support Initiative (HASI)

The Mental Health Family and Carer Support Program (MHF&CSP)

Resource and Recovery Services Program (RRSP)

'Ad hoc' grants/programs?

Other MH disability support programs currently delivered by NSW Health?



How many people might be helped?

Hunter NDIS Implementation

2013/14: 3,000 people Newcastle LGA (2,673 'existing' clients and 327 new)

2014/15: 5,000 people Lake Macquarie LGA (2,748 'existing' clients plus 2,333 new)

2015/16: 2,000 people Maitland LGA (1,200 'existing' clients and 830 new).

Psychosocial Disability (13%?)

57/430K in Australia, 19/140K in NSW ,1,300 in launch site 2013/16

This includes at least 454 new clients but probably higher (ie, the total number of transitioning people with 'primary' psychosocial disability is unknown as is the number of C'wealth 'phasing in').

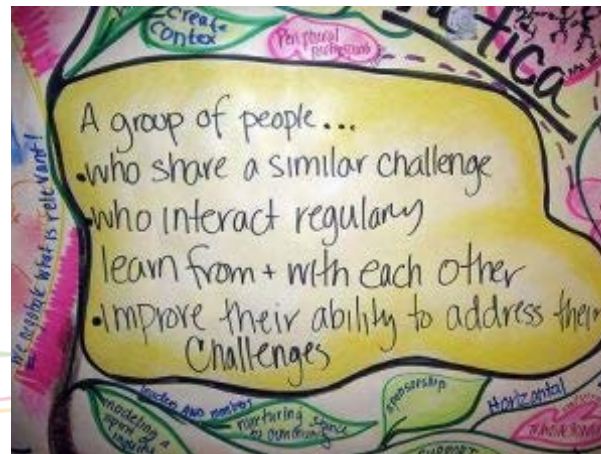
Intersect with Partners in Recovery?

Community support services?



Sharing and Reflecting on Experiences of the First Six Months

- Client transitions and new referrals (eg, planning)
- Organisational readiness (eg, price)
- NDIA processes and liaison with current services providers (eg, portal)
- Other implementation issues?
- Priorities?



Update from NDIA Hunter

Suzanne Punshon

Director of Engagement and Funding

National Disability Insurance Agency (Hunter)

Update from HNELHD

Megan Turrell
Senior Clinical Psychologist
Rehabilitation Coordinator (Hunter)
Psychiatric Rehabilitation Service
HNEMHS

Update from MHCA NDIS Capacity Building Project

Josh Fear - Director, Policy and Projects

Liz Ruck - Senior Policy Officer

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NDIS AND MENTAL HEALTH: THE NATIONAL PICTURE

23 JANUARY 2014



Where are we at?

- Many unanswered questions
- Only one launch site actively transitioning mental health clients
- Fundamental policy concerns
- Major implementation challenges



Where do we need to head?



Where do we need to head?

We need to defend:



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We need to defend:

- Flexible access
- Multiple levels of assistance
- Recovery principles
- Consumer and carer inclusion
- Whole of life support
- A specialised workforce



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The NDIS can deliver:

- Additional resources
- Long-term commitment
- Portability
- Choice and control



What do we need to avoid?



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Computer says no.



Key policy issues

- Scheme design
- Permanency of impairment
- Early intervention



Key implementation issues

- The assessment process
- Self-referral
- Supported decision making
- Organisational readiness
- Workforce
- Pricing



The MHCA's capacity building project



The MHCA's capacity building project

- Online information hub www.mhca.org.au **Now!**
- Regular e-bulletins **Please register**
- Information resources for consumers and carers **February**
- Community of practice webinars **March onwards**
- Workshops for service providers on organisational readiness **April**
- Information resources for service providers **May**



The MHCA's capacity building project

- National workshops with consumer and carer representatives
- National stakeholder forum
- Final needs assessment



What you can do

- Join our network
- Give us your views

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Summary and Next Steps



THANK YOU FOR COMING

Would your organisation
benefit from becoming an
MHCC member?

Enquire today:
info@mhcc.org.au



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mental health coordinating council

