

# Personal Choice IN ACTION

## Negotiating the space between 'protect' and 'neglect'

Supporting people to make their own choices is pivotal to recovery-oriented, person-centred and re-enablement practice. Yet even seasoned professionals can find themselves caught in the tensions between consumer rights, multiple perspectives, duty of care, organisation policies and the boundaries of their role.

This dynamic one day workshop, facilitated by experienced consumer leaders, provides workers with clarity and crucial skills for supported decision-making and cultivating consumer self-direction and self-determination.

As today's services evolve toward self-directed models of funding, it is imperative that the workforce is prepared to support consumers to capitalise on emerging opportunities.

### Key Learnings

- Develop skills for supporting self-advocacy and self-determination
- Build alliances and understand your limits
- Clarify the relationship between recovery and self-advocacy
- Explore models of advocacy: "Advocating for" vs. supporting self-advocacy
- Work within a rights based framework
- Recovery and risk: navigating the neglect-overprotect continuum
- Overcome barriers and challenges to self-determination



*"I now have a clear understanding of what it means to support consumers to make their own decisions, instead of reinforcing 'learned helplessness' "*

Course Participant

**Inhouse training is available on request.  
Talk to us about your training needs today.**

**\$ 240.00 MHCC members**

**\$ 290.00 Non-members**

**Course details may be subject to change.**

**Visit [www.mhcc.org.au](http://www.mhcc.org.au) for date and location information.**

Please write clearly in CAPITAL LETTERS.  
Please forward your completed registration form to [training@mhcc.org.au](mailto:training@mhcc.org.au) or fax to 02 9810 8145

**WORKSHOP DETAILS**

*Please register me for the following course:*

Workshop / Course Title	<input type="text"/>
Location	<input type="text"/>
Workshop Date(s)	<input type="text"/>

**CONTACT DETAILS**

Full Name	<input type="text"/>		
	M <input type="checkbox"/>	F <input type="checkbox"/>	Other <input type="checkbox"/>
Job Title/ Position	<input type="text"/>		
Organisation / Employer	<input type="text"/>		
Address	<input type="text"/>		
	<input type="text"/>		
	State	Postcode	
Email	<input type="text"/>		
Tel (M)	<input type="text"/>	Tel (W)	<input type="text"/>

*Do you require any support or assistance during training, eg; disabled access, audio loop. If so, please specify.*

**MHCC TERMS & CONDITIONS**

**Refunds**

Please choose workshops carefully. Once registrations are processed refunds can only be made when:

- A workshop is cancelled, or the date is changed by MHCC
- A written request is received 14 days prior to the workshop
- A medical certificate is provided in the event of illness or misadventure

All refunds will incur a \$35 administration fee except where a workshop has been cancelled by MHCC.

Full or partial non-attendance of registered participants will incur the full registration fee.

**Transfer / Substitution**

You can transfer to another workshop/date (of the same value) on one occasion, pending availability, by notifying MHCC in writing seven days prior to workshop commencing.

**Email:** training@mhcc.org.au      **Fax:** 02 9810-8145

Participant substitutions must be advised in writing five days prior to the workshop.

**Workshop Cancellations**

We make every attempt to ensure that workshops run. However, MHCC reserves the right to alter any arrangements, including cancellations if required. We will notify you of any cancellations and changes as soon as possible, usually this will be seven days prior to the workshop date.

MHCC is not responsible for travel-related costs that may be incurred as a result of cancellations.

In the event MHCC cancels a workshop, you can choose whether to transfer, on one occasion, to another workshop of the same value (pending availability) or receive a refund.

**CONSENT**

By completing and returning this form you are consenting to the collection of this information for the provision of training as well as accepting the MHCC terms and conditions outlined above. Please refer to the MHCC confidentiality and privacy policy at [www.mhcc.org.au](http://www.mhcc.org.au)

Signature	Date	/	/
<input type="text"/>			

**How did you hear about this MHCC training?**

<input type="checkbox"/> MHCC Website	<input type="checkbox"/> Email	<input type="checkbox"/> Attended other training
<input type="checkbox"/> MHCC Event	<input type="checkbox"/> Word of mouth	<input type="checkbox"/> I would like to receive more information about MHCC

**PAYMENT INFORMATION**

ABN: 59 279 168 647

**Payment Type**

Visa   
  MC   
  Cheque   
  Invoice (Organisations only)

C/C number

Cardholder Name

Signature

Date / /

Name of Org

Org Address

Org email for Invoice



State Postcode

Org is currently an MHCC member?    Y     N

Total Amount \$

PROMO CODE (if applicable)

**For more information visit**  
[www.mhcc.org.au/learning-and-development](http://www.mhcc.org.au/learning-and-development)  
or phone 02 9555 8388 ext 106