

POSITION DESCRIPTION



Aboriginal
Careers
in
Mental
Health

A Mental Health Coordinating
Council Initiative

POSITION: Aboriginal Trainee in Mental Health

PROGRAM: Aboriginal Careers in Mental Health

Job Description (Trainees)

Under Supervision

- Engaging with consumers and develop trusting and professional relationships
- Providing direct practical support to consumers so that they gain/maintain independent living skills. By assisting and sharing skills like cooking, nutrition, budgeting skills, shopping, maintaining the home and using public transport
- Assisting with consumers to participate in recreation activities and the cultural life of the community by supporting them to develop interpersonal skills
- Engaging with consumers, by working collaboratively with consumers to identify needs, set goals and develop a plan to meet those goals
- Work together with the consumer and regularly monitor their progress towards their identified goals
- Assisting in the planning, facilitating and evaluating group rehabilitation programs
- Working together with the consumer, family, carers and other members of the community in order to ensure tangible rehabilitation outcomes
- Following all OH&S procedures of the service to ensure safe work practices (i.e. safety in outreach work)

Team Member Participation

- Using a team approach to support work, co-operate closely with team members in order to ensure continuity of care and provision of a comprehensive service to consumers
- Actively participate in team meetings, decision-making processes, service planning sessions, supervision and staff development activities
- Assisting the team to further develop best practice, review and develop policies, and project submissions
- Assisting the team to regularly evaluate the effectiveness of the service in consultation with consumers

Community Partners

- Seek and learn about the consumers interests, their connections with family and friends, and work together with the consumer to build their capacity to be part of their community
- Involve carers, family and friends as identified by the consumer in the individual service plan for the consumer
- Work closely with staff, community and relevant agencies people to ensure the best possible service to the consumer

Maintaining Records and Resources

- Collect ,collate and maintain data on relevant systems
- Collect all relevant community resources to be shared with team members
- Report to Manager in regards to all employee requirements