



DO YOU FEEL CONFIDENT TO RESPOND TO PEOPLE LIVING WITH MENTAL HEALTH CONDITIONS?

Move beyond a diagnosis and understand how mental health really is everybody's business....

...learn to connect with the lived experience of people living with mental health conditions.

Mental Health CONNECT is unlike any other mental health training. Learn from trainers who are 'experts by experience' as they share their own recovery journey.

This unique two day workshop enables workers in community services to gain essential skills for assisting people with mental health conditions to maintain hope and overcome barriers to their recovery.

Focus on the real experiences of people with mental health conditions and help people to reconnect with their community. Because mental health is "everybody's business".

- Develop skills to **CONNECT** and communicate with someone experiencing mental distress
- Explore different understandings of mental 'illness'
- Hear real-life experiences of mental 'illness' and recovery
- Understand what can impact on wellbeing, mental health and recovery
- Recognise the impact of trauma
- Gain new insights on duty of care and risk **CONNECT** with services that support recovery
- Support a person's self-directed recovery goals

Who is this for?

This course is a good introduction for people new to the mental health sector, especially those in public facing roles such as reception, administration and marketing. It is also useful for those who don't specifically work in mental health but have regular interactions with people living with mental health conditions, for example librarians, government department workers and NDIS service providers.

What participants say...

"Finally, I got answers to questions I had about mental health!"

"The staff still say it was an excellent course and are using the knowledge they learnt to shape the way they work with and talk about mental illness."

"Great materials, great stories, and a very professional team."

We can customise this course for in-house training. Talk to us about your training needs today.
askus@mhcc.org.au or 02 9555 8388 Ext 112

\$409 (MHCC Members)

\$498 (non-members)

Visit www.mhcc.org.au for scheduled training date and location information.

Please write clearly in CAPITAL LETTERS.
Please forward your completed registration form to
training@mhcc.org.au or fax to 02 9810 8145

WORKSHOP DETAILS

Please register me for the following workshop:

Workshop Title	Mental Health CONNECT
Location	
Workshop Date(s)	

CONTACT DETAILS

Full Name	<input type="text"/>		
	M <input type="checkbox"/>	F <input type="checkbox"/>	Other <input type="checkbox"/>
Job Title/ Position	<input type="text"/>		
Organisation / Employer	<input type="text"/>		
Address	<input type="text"/>		
	<input type="text"/>		
	State	Postcode	
Email	<input type="text"/>		
Tel (M)	<input type="text"/>	Tel (W)	<input type="text"/>

Do you require any support or assistance during training, eg; disabled access, audio loop. If so, please specify.

MHCC TERMS & CONDITIONS

Refunds

Please choose workshops carefully. Once registrations are processed refunds can only be made when:

- A workshop is cancelled, or the date is changed by MHCC
- A written request is received 14 days prior to the workshop
- A medical certificate is provided in the event of illness or misadventure

All refunds will incur a \$35 administration fee except where a workshop has been cancelled by MHCC.

Full or partial non-attendance of registered participants will incur the full registration fee.

Transfer / Substitution

You can transfer to another workshop/date (of the same value) on one occasion, pending availability, by notifying MHCC in writing seven days prior to workshop commencing.

Email: training@mhcc.org.au **Fax:** 02 9810-8145

Participant substitutions must be advised in writing five days prior to the workshop.

Workshop Cancellations

We make every attempt to ensure that workshops run. However, MHCC reserves the right to alter any arrangements, including cancellations if required. We will notify you of any cancellations and changes as soon as possible, usually this will be seven days prior to the workshop date.

MHCC is not responsible for travel-related costs that may be incurred as a result of cancellations.

In the event MHCC cancels a workshop, you can choose whether to transfer, on one occasion, to another workshop of the same value (pending availability) or receive a refund.

CONSENT

By completing and returning this form you are consenting to the collection of this information for the provision of training as well as accepting the MHCC terms and conditions outlined above. Please refer to the MHCC confidentiality and privacy policy at www.mhcc.org.au

Signature	Date	/	/
<input type="text"/>			

How did you hear about this MHCC training?

<input type="checkbox"/> MHCC Website	<input type="checkbox"/> Email	<input type="checkbox"/> Attended other training
<input type="checkbox"/> MHCC Event	<input type="checkbox"/> Word of mouth	<input type="checkbox"/> I would like to receive more information about MHCC

PAYMENT INFORMATION

ABN: 59 279 168 647

Payment Type

Visa
 MC
 Cheque
 Invoice (Organisations only)

C/C number

Cardholder Name

Signature

Date / /

Name of Org

Org Address

Org email for Invoice

State Postcode

Org is currently an MHCC member? Y N

Total Amount \$

PROMO CODE (if applicable)

For more information visit
www.mhcc.org.au/learning-and-development
or phone 02 9555 8388 ext 106