

# CERTIFICATE IV in Mental Health

COURSE CODE: CHC43315



## ABOUT THIS COURSE

The Certificate IV in Mental Health has been endorsed as a voluntary entry-level qualification by the community mental health sector.

It provides an opportunity for participants to build upon their on-the-job experience and receive a nationally recognised qualification in mental health.

Underpinned by the philosophy of recovery oriented practice, this course aims to build understanding and practical skills in working with people with mental health conditions.

*“EXTREMELY beneficial training, [I’ve] learnt so much & will take so much away with me to work more positively with consumers around trauma and in general.”*

## WHO IS THIS FOR?

This qualification has been designed to provide a strong foundation for support workers, team leaders, coordinators, frontline managers, and other staff who **currently provide services** to people with mental health conditions as part of their day to day work.



## BENEFITS OF BECOMING A QUALIFIED MENTAL HEALTH WORKER

### FOR WORKERS

- Improve understanding of the impact of mental health conditions on people’s lives
- Build knowledge of key concepts of promotion, prevention and early intervention
- Engage consumers, family and carers in planning and support activities and support self-directed recovery
- Apply strengths-based, trauma-informed and recovery oriented approaches

### FOR ORGANISATIONS

- Teams work more collaboratively across roles and structures through improved communication strategies
- Increase consumer and carer participation to improve service delivery
- Build organisational capacity to work effectively within policy, regulatory and legislative frameworks

Contact us for more information about this qualification or other training delivered by MHCC Learning & Development

**P:** 02 9555 8388 ex 106 **E:** [training@mhcc.org.au](mailto:training@mhcc.org.au)

**W:** [www.mhcc.org.au/learning-and-development](http://www.mhcc.org.au/learning-and-development)

**The Mental Health Coordinating Council is a Registered Training Organisation**

**RTO Registration Code: 91296**



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## COURSE TOPICS

- Foundations of Mental Health
- Promote & Facilitate Self-Advocacy
- Reflect on Practice
- Supporting Wellbeing & Physical Health
- Cultural Diversity
- Working with Aboriginal People
- Trauma-informed Practice
- Assess, Respond to Suicide
- Mental Health & AOD
- WHS (Online)

## ENTRY REQUIREMENTS

To be eligible to study the Certificate IV in Mental Health applicants must be:

- **Currently working in a community mental health role** where you work with people with mental health conditions to address their needs, set goals and provide rehabilitation services on an ongoing basis.
- Able to read and write English to a standard that allows them to read, understand and follow WHS instructions, read workplace procedures, and write case notes.

MHCC is able to provide student support by negotiation and can provide referral information.

Please refer to the course handbook online at: <http://goo.gl/cgBeCb>

## COURSE FEES

Subsidised training in the form of traineeships is available under Smart and Skilled. This training is subsidised by the NSW Government.

Fee exemptions and concessions are also available. Check our website for details.

You can complete the qualification for as little as \$1,970 if you meet the eligibility requirements.

For up to date information about Smart and Skilled please see <https://smartandskilled.nsw.gov.au> OR call 1300 772 104.

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RTO Code: 91296.

Visit <http://goo.gl/cgBeCb> for more information about course/recognition/blended pathway options and fees for this qualification.

## HOW DO I APPLY?

- Check your eligibility
- Request an enrolment pack, visit: <http://goo.gl/cgBeCb> to download the pack OR contact MHCC directly (see below for contact details)
- Read the information in your pack
- Set up your Unique Student Identifier (your pack explains what this is and how to set it up)
- Send in your enrolment forms and proof of citizenship status to MHCC
- Receive notification of the outcome and confirmation of fees if you are accepted

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